

TAKE CHARGE

Spring/Summer 2010

A life skills and support group for women who have been involved with the corrections system, and others making a life transition

TAKE CHARGE meets on **Thursday mornings** from 9:30 to 11:15 at Calvin CR Church, 700 Ethel SE

TAKE CHARGE is a free program that offers transportation & childcare (call at least 2 days ahead).

To join the group at any time, call Sarah Rhein at 454-4925 X14.



TAKE CHARGE is a program offered by Criminal Justice Chaplaincy, a nonprofit, community corrections ministry, that provides services to ex-offenders and their families.

Criminal Justice Chaplaincy offers this program to give each woman the skills, knowledge, and support she needs to **TAKE CHARGE** of her life, emerging healthy, confident and strong.

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| May 6 | Genesis: A New Beginning for Me? <ul style="list-style-type: none">• <i>Chaplain Roze Bruins</i>
<i>from Pine Rest Christian Mental Health Services</i> |
| May 13 | Healthy Relationships: How to Avoid Marrying/Dating a Jerk, Part I <ul style="list-style-type: none">• <i>Fonda Kingsley, Pine Rest & Michelle Davis, Family Outreach Center</i> |
| May 20 | Healthy Relationships: How to Avoid Marrying/Dating a Jerk, Part II <ul style="list-style-type: none">• <i>Fonda Kingsley, Pine Rest & Michelle Davis, Family Outreach Center</i> |
| May 27 | Dare To Dream <ul style="list-style-type: none">• <i>Janathan Abney-Austin</i>
<i>Bethel Abundant Life Center</i> |
| June 3 | Money: Tell It What To Do! <ul style="list-style-type: none">• <i>Zena Patillo, Family Outreach Center</i> |
| June 10 | Parenting With Love and Logic <ul style="list-style-type: none">• <i>Arlan Palmer, Wedgwood Christian Services</i> |
| June 17 | Healthy Living <ul style="list-style-type: none">• <i>Maria Pruis, RN</i> |
| June 24 | Ask A Lawyer <ul style="list-style-type: none">• <i>Cooley Law Professors and Students</i> |
| July 1 | Bold Boundaries – Setting & Keeping Them <ul style="list-style-type: none">• <i>Brie Walter-Rooks, Pine Rest</i> |
| July 8 | Developing the Leader within You <ul style="list-style-type: none">• <i>Pastor Shawna Diehl</i>
<i>New Life Christian Fellowship</i> |
| July 15 | The Movement Toward Self-Sufficiency: Getting the Job <ul style="list-style-type: none">• <i>Valerie Hudgins, Partnerships To Work</i> |
| July 22 | The Movement Toward Self-Sufficiency: Recreating Our Future Dreams <ul style="list-style-type: none">• <i>Valerie Hudgins, Partnerships To Work</i> |